

Esthetic and Enjoyable Eating

INGREDIENTS TO KEEP ON HAND

Jar of candied cherries

Small basket of Champignon mushrooms (I always fry mine)

Two small bags of nuts (different types)

A really good nonprocessed cheese from the delicatessen section

Box of raisins

Chocolate sauce

Can of very good olives (I have found that a large jar of good instant coffee is a great place to put olives after you open a can (of course, you finish the coffee first).

The best pickles you can buy

A jar of really good, expensive jam

A bottle of Teriyaki sauce

A bottle of the best salad dressing around

Powdered mushroom preparation for adding to sauces, dishes, and even for making soup.

A bag of really fantastic buns (something other than round hamburger buns)

Two red peppers

